



Service Menu

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Relax, Release, Rejuvenate

We invite you to experience a unique blend of medical and relaxing body therapies performed in our beautiful spa environment. Both men and women alike will be at ease in our comfortable, soothing atmosphere.

Whether you need a day of pampering or you've suffered an injury and have a physician's referral for treatment, our highly trained staff would be honored to have you as our guest. Upon in-depth analysis, you will receive treatments that meet your individual therapeutic or relaxing body and skin care needs.

Elle's staff is committed to helping you attain healthy balance and well-being of both body and mind. Your satisfaction in our services and products is our number one goal. We'll ensure this by offering world class customer service, outstanding treatments and education, and superior quality products. An extraordinary experience awaits you at Elle. We look forward to your visit.

Appointments

To ensure you receive your ideal appointment time, please call Elle to schedule an appointment. However, walk-ins are welcome based on availability. A credit card or gift certificate is required to reserve your space. Please inquire about our spa parties, which are perfect for showers, birthdays or office staff events.

Cancellations

We require notice of cancellation 24-hours prior to your scheduled appointment and 48-hours notice on multiple service appointments and parties, or a cancellation fee may apply. No-show and/or no-call will be charged the full scheduled service fee.

Gratuities

Our listed service prices do not include gratuities. We do request a minimum gratuity of 15% on all packages and multiple service appointments.

Additional Considerations

Our staff appreciates you arriving a few minutes early for your scheduled appointment. This is especially important on your first visit, as there is an intake form to fill out. As a courtesy to the next guest, your treatment must end on time. Please understand that arriving late will shorten your spa experience and you will be charged for the entire time scheduled.

Every effort is made to respect your modesty during treatments. Careful draping for your comfort and privacy is practiced at all times.

To ensure a relaxing spa environment for all of our guests, and for the safety of your small children, we suggest that they not accompany you to your visit as we do not have accommodations for them.

Packages

Ask our highly trained staff about purchasing your services in bulk to receive an additional discount and free gifts.

Gift Certificates

Elle Spa Gift Certificates make the perfect gift. Our front desk staff will be happy to assist you in person or over the phone, and will gladly mail gift certificates to you or the recipient. You may purchase gift certificates for any dollar amount and with Elle, they never expire.

Spa Parties

Elle is the perfect place to celebrate any special occasion or corporate event. Showers, birthdays, girls' night out or office staff parties are sure to be a hit. A menu of spa services has been created especially for private parties. Catered food and beverage service is available upon request. Menus vary with each party's budget. Call for details and our special events planner will customize your party with you.

On-Site Chair Massage

Ideal for corporate meetings and events, community parades, festivals, charitable functions, and perfect for your monthly bunko night or girls night in! We can come once a week, month, quarter, or just come for your busy time of year. If you can provide a small space, we will provide the set up, massage therapists, coupons and clean up before we leave. Your staff, patrons, and friends will be left more relaxed and ready to face their day. We offer **15 minutes for \$15** using a special seated massage chair. We can also offer on-site eye brow shaping with one of our master estheticians.

Spa Packages

Total TranquEllety

4 hrs \$270

80-min Signature Relaxation Massage & Lemongrass Hot Oil Scalp Treatment, Essential Elle Facial, Ultimate Foot Treatment, & Spa lunch with dessert.

TranquEllety

3 hrs \$165

50-min Signature Relaxation Massage, Express Spa Facial, Essential Spa Foot Treatment, and Spa lunch with dessert.

Elle Harmony

2 hrs \$110

50-min Signature Relaxation Massage and Express Spa Facial

Powerful Solutions

3.5 hrs \$275

Designed for those who want serious results fast! This powerful package includes a detoxifying and inch reducing herbal body wrap followed by an 80min full body deep tissue massage and microdermabrasion facial treatment.

Quiescence (add to any massage or facial)

\$55

This combination is sure to please! Add our Aromatic Moisturizing Body Polish & Wrap to any of our massages or facial treatments for an unforgettably relaxing experience.

All Natural Eyelash Extensions & Lash Tint Full Set

\$175 Touch up \$75

Enhance the look of your natural lashes with eye lash extensions. Eyelash extensions are an entirely new method of enhancing the length and thickness of eyelashes. Extensions are applied on a lash-by-lash basis for a totally natural look. When properly applied, eyelash extensions can last from up to six to eight weeks. One complimentary touch up with first application.

Lypossage Cellulite Treatment

30min session \$125 9 sessions \$900

Lypossage is the leading manual body contouring modality in the world. Lypossage cleanses the body of stagnant, stalled lymphatic fluid (lymph edema) that can create lumps and bulges we know as figure imbalances. The deeper Lypossage strokes break up adhesions under the skin that can contribute to the dimpled, uneven appearance of cellulite. Lypossage also tones the muscles, lifting and firming sagging tissue. This is a perfect add on for our Herbal Detoxifying & Inch Reducing wrap. This treatment is best done in a series.

Elle Purely Cosmetic!

Skin Care Consultation

Take advantage of one of our many experienced, well educated staff members and enjoy a complimentary consultation to learn more about your individual skin and how to care best for it!

Professional Make-up Application

Consultations (fee is waived if products purchased equal \$25 or more) \$25

Make-Over/Special occasion make-up \$35

Make-Up Instructional Lesson \$45

Massage Therapy

We invite you to experience the healing power of massage. Our customized treatments are sure to target your individual areas of need. Relax, as your mental stress and physical fatigues melt away, rejuvenating your spirit and well-being.

Signature Relaxation Massage

25 min \$40 / 50 min \$65 / 80 min \$95

The perfect escape from the stresses of your busy lifestyle. This light, gliding, rhythmic massage leaves the body rested and relaxed. The ultimate in full-body, head-to-toe relaxation.

Aromatherapy Massage

50 min \$80 / 80 min \$110

Basque in this full body, aromatic, essential oil based massage that releases tension & brings an increased sense of well being & total relaxation.

Deep Tissue Massage

25 min \$50 / 50 min \$75 / 80 min \$105

Let go as your practitioner uses slow, deep and intense massage strokes affecting the belly of the muscle to assist in pain relief, tension relief, and emotional stress relief within the body. Allow this penetrating treatment to increase circulation and flexibility.

Sports Massage

25 min \$50 / 50 min \$75 / 80 min \$105

Sports Massage is intended for those in need of relief from recent injury or ongoing muscle fatigue. Professional and weekend athletes alike thrive on this fast paced, invigorating massage.

Hot Stone Massage

50 min \$80 / 80 min \$110

Allow the deep, penetrating heat of volcanic, basalt stone to heat the muscles, enhancing relaxation, circulation & the healing process. Dive into this extraordinary massage experience!

Expectant Mother Massage

25 min \$45 / 50 min \$70

Additional nurture & support are given to pamper the Mother-to-be during this special time in her life. She will leave pampered, relaxed & rejuvenated.

Massage Medley

80 min \$130

A medley of our best selling treatments created to relax, tempt and leave you wanting more.

Synchronized Massage

50 min \$130 / 80 min \$190

The Ultimate Massage featuring two therapists & four hands. Double the massage... Double the pleasure.

Couples Massage Class

120 min \$150

You and your partner will learn to connect on a deeper level and effectively loosen each other's sore, tight muscles. Your personal therapist will instruct and demonstrate the basics of massage, then

assist you both while practicing approximately 40-minutes of massage on each other. A detailed protocol is yours to take home for you to follow while trying out your new massage skills.

Polly's Pinda Ball Massage & Body Scrub

80 min \$145

Traditionally known as an East Indian Ayurvedic treatment, this massage begins with organic sugar being sprinkled onto the skin. Muslin bags filled with rice, cinnamon, and vanilla are stepped in coconut milk and honey, then gently swept across the body dissolving the sugar, leaving the skin silky and radiant and ready for a deeply hydrating, relaxation massage.

Great Body Add-ons to Any Facial or Massage

European Rose Mud Back Treatment

20 min \$25

Powerful source derivatives of deeply hydrating amino-acids, beta glucan, & alpha-hydroxy acids provide a skin renewing treatment, completed with a deep nourishing body butter.

Black Baltic Mud & Chocolate Back Treatment

20 min \$35

Free skin of environmental stress and toxins with a centuries-old curative. You will be wrapped in rich black European fresh water silts, to assist in removing impurities from your skin, while imparting firmness and uniformity.

Lemongrass Hot Oil Scalp Massage

15 min \$20

This is the ultimate, luxurious, invigorating, and tantalizing treatment! Add on to any massage or facial and melt into a world of deeply penetrating relaxation!

Warm Stone Facial Massage

10 min \$10

Warm stones gently massaged on the face and neck will melt tension, relaxing mind and body.

Elle Signature Facial Treatments

We invite you to experience luxurious skin care with immediate results from one of our highly trained professionals. We customize each treatment to your individual skin care needs, utilizing the most advanced products available. Feel refreshed and renewed, look radiant and youthful.

Essential Elle Facial

70 min \$80

Pampering and relaxing, our signature facial is customized for each skin type and concern. Includes diagnosis, cleansing, steaming, enzyme exfoliation, extractions if needed, finishing masque and soothing face, neck, arm and hand massage.

Express Spa Facial

45 min \$55

Simple yet rejuvenating, this facial includes cleansing, enzyme exfoliation, steam, and a moisturizing facial massage with a customized finishing cream to leave your skin fresh, renewed, and polished.

Intense Skin Clearing Facial

50 min \$65

Intensive deep cleansing treatment designed to bring congested, oily, acne or rosacea prone skin back into balance. Includes extractions and a 50% glycolic acid peel to remove dull surface skin and impurities. A deeply penetrating finishing cream is massaged into the skin to promote healing.

Result Enhancing Facial Add-ons

Alpha–Beta Customized Peel

15 min \$30

This is an aggressive, yet non-abrasive peel with no down time. To achieve the specific results your skin needs, your therapist will help you choose one of three intensifying concentrates for Anti-aging, Illuminating and Acne-prone skin.

Plumping Collagen Eye Treatment

15 min \$20

This unparalleled, highly effective anti-aging treatment will leave your eye radiant, plump, and hydrated. You will look and feel more youthful and bright again!

Customized Skin-Correcting Ampoules

One Ampoule \$15 / Two Ampoules \$20

Choose one of our botanical ampoules to enhance any facial treatment: Calming and hydrating Aloe-Vera for dry to sensitive skin; Hyaluronic Acid reduces fine lines and wrinkles for mature skin; Borage Oil for repairing sun damage and moisturizing for all skin types; or Thymovit regenerates sensitive skin metabolism with thyme and algae.

Relaxing Face & Neck Massage

10 min \$10

Soothing massage and pressure point treatment, added to any facial, will ease you into complete relaxation, decrease stress and enhance your total pampering experience.

Soothing Hand and Arm Massage

10 min \$15

Hands and arms are massaged with moisturizing lotion, and your feet are treated to refreshing peppermint cream and warm booties. This simple treatment is amazingly relaxing.

Blemish Buster—Spot Acne Treatment

\$10 per area

This stand alone treatment is perfect for those “between facial emergencies!” This includes a basic spot cleanse and acne formula paired with a High Frequency treatment to a blemished area. Quickly kills bacteria that cause breakouts, and expedites healing.

Blueberry Lactic Acid Chemical Peel

45min \$110

A wonderful blueberry based antioxidant treatment for the most sensitive, dehydrated or sun damaged skin, and broken capillaries. For best results, this should be done in a series of 4 to 6 treatments every 1-2 weeks.

15% TCA Chemical Peel

45min/1layer \$150

Reveal tighter, clearer, more luminous skin with the finest peel treatment for fine lines, sun spots, dull and sun damaged skin. A prerequisite treatment of Obagi Skin Care with 4% Hydroquinone is required for 6-8 weeks prior to this treatment. Down time: 4-7 days.

Additional Layer \$75

Specialty Clinical Facial Treatments

We recommend a series of 4-6 treatments and results enhancing home care products for optimal long lasting results of up to 6 months. Your skin care therapist will give you a customized plan to help meet your goals!

Microdermabrasion Facial

45 min \$95

A gentle yet powerful skin resurfacing treatment, offering immediate noticeable results in the first session. Our cutting edge microdermabrasion equipment uses an abrasive diamond-tipped head and suction to exfoliate and remove the dead outer layer of your skin, revealing a smoother, younger looking complexion. Safe for all skin types, microdermabrasion improves the appearance of sun damage, age spots, fine lines and wrinkles, enlarged pores, acne scars, and the overall texture of your skin.

Can be added on to any facial

Face/Jaw \$65 Neck \$40 Décolleté \$50 Hands \$30

Botinol Anti-Aging Facial

80 min \$125

This innovative, clinically proven, all-natural treatment gives Botox-like results, relaxing the muscles that create expression lines and wrinkles. Botinol combines five peptides with retinol to mask all signs of aging without the use of needles. This facial is painless, and creates no trauma to the skin. You'll see immediate results that last!

Hydro Lifting/Toning Facial

80 min \$115

This clinical treatment gives an immediate, surgical-free lift. This preventive and corrective five-phase facial is formulated to exfoliate, deeply hydrate, restore, lift and firm the skin for instant radiance and enhanced skin tone. This facial is recommended for all aging/mature skin types that have begun to lose natural elasticity.

Sea-C Spa Skin Rejuvenating Facial

80 min \$120

Turn back time with this powerful antioxidant treatment. This unique facial restores a youthful radiance to your skin by minimizing the appearance of fine lines, wrinkles, discoloration and uneven skin tone. Vitamin C, a powerful antioxidant, protects against free radicals while organic mud and seaweed exfoliate, nourish, re-moisturize and promote skin smoothing collagen production.

Collagen 90-II Skin Plumping Facial

80 min \$140

This highly renowned intensive anti-aging treatment hydrates, rejuvenates, tightens, and reconfigures the skin's surface to reduce the visible signs of aging without invasive procedures. This facial treatment is unequalled for skin renewal, tightening, toning, and giving an overall youthful glow to dull, aging skin.

G.M. Collin Oxygen Acne Facial

60 min \$85

A revolutionary oxygenating acne treatment designed to clear skin congestion, detoxify, and revitalize fatigued, stressed and dull skin. Formulated with 2% Salicylic Acid, 15% Glycolic and Lactic Acids, and a unique Oxygen Complex, it helps control acne and hydrates the skin. Your skin becomes luminous, healthy and younger looking.

Soothing Algae Algo Mask (added on to any facial)

15 min \$30

This 4-in-1 enriched thermo-corrective treatment provides instant radiance by hydrating, diffusing redness, decongesting and brightening your skin. You've never experienced anything like it! Great for all skin types.

Body Wraps

Herbal Detoxifying & Inch Reducing

80 min \$90

Eliminate toxins with this all-natural aloe and enzyme based wrap. Literally see immediate and permanent inch loss in your first treatment. You'll enjoy a soothing foot massage and hot oil scalp treatment while your body absorbs the herbal solution and begins the break-up of fat cells. Best when done in a series of 6 to 10 treatments.

Add-on Cellulite massage 50 min \$125

Hydrating Body Polish & Aromatic Moisturizing Body Wrap 50 min \$75

Following a complete body exfoliation, you'll be massage with luxurious skin conditioning essential oils infused with customized aroma therapy then enveloped in warmth. While relaxing, you'll be treated to a lemon grass hot oil scalp massage and peppermint foot massage.

Foot Treatments

Aromatic Dead Sea Salt Foot Soak

15 min \$10

Immerse your tired soles in a warm, fizzy bath of dead sea salts scented with invigorating peppermint essential oils to start your spa service off the right way!

Reflexology

15 min \$25 / 30 min \$40

This ancient Chinese hand & foot therapy stimulates & restores balance to help heal the body through massaging specific pressure points in the feet. Regular treatments assist the body to decrease stress, increase circulation and release tension in the feet that may be effecting the entire body.

Ultimate Spa Foot Treatment

60 min \$65

This luxurious foot treatment begins with a foaming sea salt soak & exfoliation, followed by a hydrating mask & deep relaxing massage and the ultimate hot paraffin dip. Leaves your feet relaxed, rejuvenated and silky smooth.

Add on European Rose Mud Mask for only \$10

Essential Spa Foot Treatment

30 min \$35

A mini version of our Ultimate Luxury! Relax in a foaming, sea salt foot soak, short exfoliation and end with a mini-moisturizing massage.

Considerations Before Waxing

- Hair must be at least 1/4 inch in length, but not longer than 1/2 inch. Most people need to grow their hair for two to three weeks from their last time shaving.
- Avoid sun exposure or tanning for at least 24 hours before and after waxing.
- Please note that due to increased sensitivity while using Retin-A, Accutane or topical antibiotics, we do not recommend facial waxing, as burns or lifting of the skin may occur.

Waxing

Lip or Chin \$10

Eyebrows \$15

Full Face \$40

Underarm \$30

Full Arm \$30

Bikini \$30

Extended Bikini \$50

Brazilian \$60

Back \$45

Half Arm \$25

Half Leg \$30

Full Leg \$50

Full Leg/Bikini \$70

Chest \$55

Sideburns \$25

Lash and Brow Tinting

Enhance and accentuate your natural lashes and brows with rich beautiful color.

Lashes \$25

Brows \$20

Lashes & Brows \$40

Elle Medical Spa Services

Injury Treatment Massage

50 minutes - \$120 billed to insurance co.

Advanced therapeutic techniques, including deep tissue work, and hydrotherapy, applied to injured soft tissue, as prescribed by your primary care physician or chiropractor.

Insurance Billing on Auto/ Workers-Comp/ L&I/ Most Private Health Insurance Plans Accepted: Aetna-Cigna-Corvel-Engage-First Choice-Group Health Options-LifeWise-Premera Blue Cross-Uniform as well as many out of network plans.

Laser Hair Removal

Our state-of-the-art lasers provide a gentle, non-invasive and long-lasting solution to unwanted hair. The LightSheer Diode Laser System offers high powers and both short and very long (400 ms) pulses to safely and effectively treat all skin types including tanned skin and the broadest range of hair colors, diameters and depths. The recognized "Gold Standard" for hair removal, the LightSheer family of diode laser systems represents the best in the industry for safety, consistency, and effectiveness.

Botox for Face & Body

You've probably heard a lot about BOTOX® Cosmetic. It's been in the news, in fashion, health, and beauty magazines, and on TV. Your friends may even be talking about how it works.

Could this be what you've been looking for—a procedure that can temporarily smooth those moderate to severe frown lines between your brows with no surgery and no recovery time? An improvement can be seen within days, lasting for up to 4 months (Results may vary).

We also offer Botox Cosmetic for excessive sweating under the arms, on the soles of the feet, as well as the palms of the hands. Call for more information on this procedure.

Latisse Lash Growth Enhancement Prescription

Latisse Eye Lash Conditioner is the newest, most advanced alternative for longer, fuller, more luscious lashes - Naturally!! Latisse, by Allergan (the makers of Botox) is a revolutionary prescription product that will enhance the look of your natural lashes. Originally the active ingredient was found in Glaucoma Eye Drops, but when these patients began growing incredible lashes, the Allergan company invested in research to develop the cosmetic product, Latisse.

Obagi Medical Prescription Skin Care

Obagi is one of the world's most recognized names in skin health care and the preferred choice of physicians for prescription-strength product lines that transforms the skin. This line is best used in a system, with each product specially designed and formulated to work together to achieve the highest level of results possible. We offer lines for sun damage, aging, acne & acne scars, rosacea, tightening the eye area, and smoothing out the décolletage area.

Elle Recommended Home Care Products

GM Collin

These European designed natural botanical products offer a gentle and effective solution for maintaining the positive benefits to your skin in between your clinical treatments at Elle.

MD Formulations

This physician recommended line of skin care formulations includes concentrated ingredients such as glycolic acid and vitamin A designed to achieve rapid and visible results.

id Bare Escentuals

Pure and natural mineral powders from the earth designed to enhance and beautify any skin type.

BioTone Spa Products

All natural body butters, lotions, and body polishes made from the highest quality ingredients

Sombra Warming Therapy

Great for chronic conditions, basic aches and pains, strains, sprains and bruises.

Obagi Medical Skin Care & Latisse Lash Enhancement

Obagi is the most effective in anti-aging, acne, and rosacea. Latisse will grow your lashes to their greatest potential - Naturally! See "Elle Medical Spa Services" for more information.

Hours of Operation:

Weekdays 9:00 am to 8:00 pm

Saturday 9:00 am to 5:00 pm

Sunday 10:00 am to 4:00 pm